

**INTERNATIONAL TALENT SEARCH EXAMINATION  
2024 - 2025 PRACTICE PAPER**

**CLASS – II**

**SUBJECT – GENERAL KNOWLEDGE**

**1. Match the columns and select the correct option,**

**Column 1 (Animals)**

**(A) Cow**

**(B) Frog**

**(C) Lion**

**(D) Pigeon**

**A) a-1, b-2, c-3, d-4**

**B) a-4, b-2, c-1, d-3**

**C) a-4, b-3, c-2, d-1**

**D) a-3, b-2, c-4, d-1**

**Column 2 (Sounds)**

**1. Roar**

**2. Croak**

**3. Coo**

**4. Moo**

**2. Which of the following is the most spoken language in the world?**

**A) Japanese**

**B) Mandarin**

**C) Hindi**

**D) English**

**3. Who won Twenty 20 World cup 2016?**

**A) India**

**B) West Indies**

**C) Pakistan**

**D) Australia**

**4. What is the original name of Santa Claus?**

**A) Saint Nicholas**

**B) Saint Paul**

**C) Saint Kasha**

**D) Saint Marry**

**5. Which European city is called 'the city of canals'?**

**A) Raipur**

**B) Venice**

**C) Nepal**

**D) Orissa**

**6. What is the full form of AI?**

**A) Artificial Intelligence**

**B) At List**

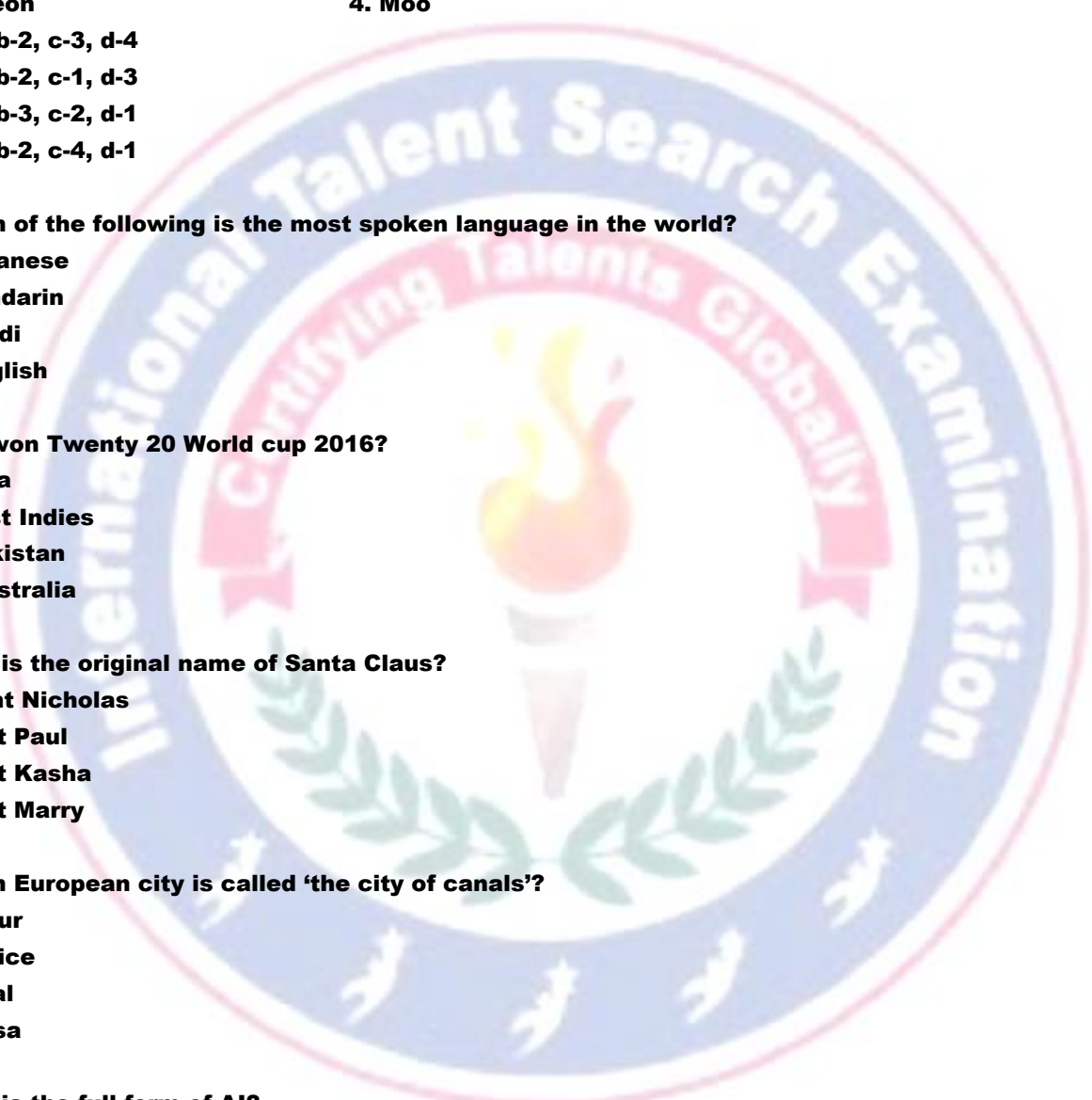
**C) Anni Louie**

**D) Artificial interrogation**

**7. Who is the captain of the Indian Cricket Team?**

**A) Rohit Sharma**

**B) Virat Kohli**



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- C) Sanju Samson
- D) Hardeep Singh

**8. What type of chocolate reduces stress and improves heart health?**

- A) Dark Chocolate
- B) Milk Chocolate
- C) Been Chocolate
- D) Crunch Chocolate

**9. How often does a total solar eclipse occur?**

- A) Once every 18 months
- B) Once every 17 months
- C) Once every 15 months
- D) Once every 19 months

**10. Who proposed the idea of International Yoga Day?**

- A) Barack Obama
- B) Narendra Modi
- C) Angela Merkel
- D) Ban Ki-moon

**11. What is the primary component of yoga that focuses on breath control?**

- A) Asanas
- B) Dhyana
- C) Pranayama
- D) Mantra

**12. Which yoga pose is known as the 'Tree Pose'?**

- A) Tadasana
- B) Vrikshasana
- C) Balasana
- D) Shavasana

**13. What is the focus of Hatha Yoga?**

- A) Postural alignment and breath control
- B) Dynamic sequences
- C) Chanting and sound vibrations
- D) Generating heat and purifying the body

**14. In which year did the United Nations officially declare June 21 as International Yoga Day?**

- A) 2012
- B) 2013
- C) 2014
- D) 2015



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**15. What is the longest day of the year in the Northern Hemisphere called?**

- A) Equinox**
- B) Solstice**
- C) Full Moon**
- D) New Moon**

**16. Which type of yoga is known for its physically demanding sequences?**

- A) Ashtanga Yoga**
- B) Mantra Yoga**
- C) Hatha Yoga**
- D) Kundalini Yoga**

**17. What does the term 'yoga' mean in Sanskrit?**

- A) Meditation**
- B) Exercise**
- C) Union**
- D) Peace**

**18. What is the practice of yoga that involves chanting?**

- A) Ashtanga Yoga**
- B) Bikram Yoga**
- C) Mantra Yoga**
- D) Vinyasa Yoga**

**19. Which Indian sage is credited with writing the Yoga Sutras?**

- A) Vyasa**
- B) Valmiki**
- C) Patanjali**
- D) Adi Shankara**

**18. When is International Yoga Day celebrated?**

- A) May 15**
- B) Aug 25**
- C) June 21**
- D) Feb 10**

**19. What is the theme for International Yoga Day 2024?**


- A) Yoga for other and self**
- B) Yoga for self and society**
- C) Yoga for self and public**
- D) Yoga for World**

**20. Which country is the origin of yoga?**

- A) India**
- B) Japan**
- C) America**
- D) Nepal**



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- 21. In which year was the first International Yoga Day celebrated?**  
A) 2016  
B) 2017  
C) 2015  
D) 2020
- 22. Who proposed the idea of International Yoga Day to the United Nations?**  
A) Narendra Modi  
B) Amit Shah  
C) Rajnath Singh  
D) Rahul Ghandi
- 23. Which organization declared June 21 as International Yoga Day?**  
A) United Nations  
B) United Nation of America  
C) India  
D) Russia
- 24. How many countries co-sponsored the resolution to establish International Yoga Day?**  
A) 177 countries  
B) 182 countries  
C) 179 countries  
D) 175 countries
- 25. What are the three main components of yoga?**  
A) Physical postures , breath control, and meditation  
B) (Asanas), (pranayama),and (dhyana)  
C) Both of these  
D) Non of these
- 26. What does the word 'Yoga' mean in Sanskrit?**  
A) Union  
B) Sprit  
C) Meditation  
D) Sleep
- 27. Which ancient text is one of the earliest references to yoga?**  
A) The Adharveda  
B) The Ayurveda  
C) The Rigveda  
D) Non of these
- 28. What is the primary purpose of practicing yoga?**  
A) To achieve a state of spiritual insight and tranquility  
B) To achieve a goal  
C) To achieve the best way for selfish  
D) Non of these
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- 29. Name the Indian practice that involves specific physical postures.**
- A) Asanas  
B) Dhyana  
C) Pranayama  
D) Mantra
- 30. What is the name of the breathing exercise in yoga?**
- A) Pranayama  
B) Trikon Asana  
C) Katichakra Asana  
D) Tarasana
- 31. What is the Sanskrit term for meditation in yoga?**
- A) Dhyan  
B) Sleep  
C) Nindra  
D) Pray
- 32. Which ancient Indian sage is credited with composing the Yoga Sutras?**
- A) Patanjali  
B) Tata  
C) Mahendara  
D) Yogic
- 33. What type of yoga is known for its focus on postural alignment and breath control?**
- A) Pranayama  
B) Tarasana  
C) Trikon Asana  
D) Katichakra Asana
- 34. Name a popular form of yoga that focuses on dynamic and physically demanding sequences.**
- A) Tarasana  
B) Trikon Asana  
C) Katichakra Asana  
D) Ashtanga Yoga
- 35. Which yoga practice is designed to generate heat and purify the body?**
- A) Bikram Yoga  
B) Kapal Bharti  
C) Nanulom Vilom  
D) Tarashana
- 36. What is the purpose of the International Day of Yoga according to the UN?**
- A) To raise awareness worldwide of the many benefits of practicing yoga  
B) Postural alignment and breath control

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- C) Yoga for self and society**
- D) Non of these**

**37. How does yoga contribute to mental health?**

- A) By reducing stress and promoting relaxation and mindfulness**
- B) Postural alignment and breath control**
- C) To raise awareness worldwide of the many benefits of practicing yoga**
- D) Yoga for self and society**

**38. Which yoga practice involves chanting and sound vibrations?**

- A) Mantar yoga**
- B) Prayanam**
- C) Trandav Yoga**
- D) Non of them**

**39. What is a common yoga pose for beginners?**

- A) Mountain pose (Tadasana)**
- B) Mantar yoga**
- C) Prayanam**
- D) Trandav Yoga**

**40. Name a yoga posture that is known for its restorative and calming effects.**

- A) Child's Pose (Balasana)**
- B) Mountain pose (Tadasana)**
- C) Mantar Yoga**
- D) Prayanam**

**47. A figure with 3 sides is known as a?**

- A) Triangle**
- B) Right Angle**
- C) Square**
- D) Rectangle**

**48. The smallest two-digit number is?**

- A) 20**
- B) 10**
- C) 30**
- D) 15**

**45. A figure which has no sides and no corners are called?**

- A) Corn**
- B) Circle / Oval**
- C) Zero**
- D) Triangle**

